

WU WEI XIAO DU YIN BP027

Lonicera & Wild Chrysanthemum Formula 五味消毒飲

TCM ACTIONS

Clears Heat and resolves Toxin, cools the Blood and reduces swelling.

TCM SYNDROMES

Localised Heat Toxin.

INDICATIONS

Early stage carbuncle or furuncle, cellulitis, erysipelas, acute lymphangitis, mastitis, appendicitis, conjunctivitis, urinary tract infection, acute pyelonephritis, abscess.

SIGNS & SYMPTOMS

(key clinical features in bold)

Localised inflammatory lesions with erythema, swelling, heat and pain

Fever possibly also with chills

Red tongue with a yellow coat

Rapid pulse that may also be forceful

INGREDIENTS

Each pill contains extract equiv. to dry:

Taraxacum mongolicum, herb (<i>pu gong ying</i>) 蒲公英	132.3mg
Lonicera japonica, flower (<i>jin yin hua</i>) 金銀花	88.2mg
Begonia fimbriatipula, herb (<i>tian kui zi</i>) 天葵子	66.4mg
Chrysanthemum indicum, flower (<i>ye ju hua</i>) 野菊花	44.1mg
Viola yedoensis, herb (<i>zi hua di ding</i>) 紫花地丁	43.9mg

ACTIONS OF THE MAIN HERBS

Lonicera flower (honeysuckle) is used orally in formulas to treat respiratory tract infection, influenza, acute tonsillitis, acute mastitis, lobar pneumonia, bacterial dysentery, acute appendicitis, carbuncle, furuncle, allergic skin lesions. It has been shown to have the following actions: antibacterial, antiviral, anti-inflammatory, antipyretic, anticholesterolemic, immune stimulant.

Taraxacum herb (dandelion) is used orally in formulas to treat gallstones, low bile output, muscle aches, oliguria, indigestion, constipation, flatulence, various types of cancer, diabetes, rheumatic conditions, heartburn, bruises, gout, stiff joints, eczema. It has been shown to have the following actions: antimicrobial, antitumor, hepatoprotective, galactagogue.

DOSAGE & COURSE OF TREATMENT

8 - 15 pills, 3 times daily, half to one hour away from food.

In severe cases and in the early stages of treatment (first 1 – 2 weeks) the dosage may be increased by 50 - 100%.

Course of treatment: 2 – 4 weeks.

Generally for short term use.

CAUTIONS & CONTRAINDICATIONS

Caution during pregnancy.

COMBINATIONS

- Acne (select one or more):
 - + Qing Re An Chuang Wan (Salvia & Scute Formula BP079)
 - + Yin Chen Hao Wan – Jia Wei (Artemisia & Rhubarb Combination BP065)
 - + Long Dan Xie Gan Tang (Gentiana Formula BP016)
- Acute stage infections (Heat Toxin type) with alternating fever and chills:
 - + Xiao Chai Hu Wan (Minor Bupleurum Formula BP029)
- Acute stage infections (Heat Toxin type) with high fever:
 - + Huang Lian Jie Du Wan (Coptis & Scute Formula BP049)
- Early stage carbuncles and furuncles:
 - + Nei Xiao Luo Li Wan (Prunella & Scrophularia Formula BP043)
 - + Si Miao Yong An Wan (Lonicera & Scrophularia Formula BP059)
- Early stage herpes zoster or herpes simplex:
 - + Long Dan Xie Gan Tang (Gentiana Formula BP016)
 - + Si Miao Yong An Wan (Lonicera & Scrophularia Formula BP059)
- Fully erupted furuncles and carbuncles:
 - + Huo Luo Xiao Ling Dan (Salvia & Boswellia Formula BP042)
 - + Si Miao Yong An Wan (Lonicera & Scrophularia Formula BP059)
- Skin infections:
 - + Si Miao Yong An Wan (Lonicera & Scrophularia Formula BP059)
- Vaginitis or cervicitis with dark coloured and malodorous discharge:
 - + Long Dan Xie Gan Tang (Gentiana Formula BP016)

COMMENTS
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This formula is from the 'Golden Mirror of Medicine' (yi zong jin jian), 1742 CE, a 90 volume treatise on general medicine, written by a staff of 80 persons, headed by Wu Qian, under the commission of the Qing imperial government. It is simple formula with a clear-cut single action: clearing Heat Toxin (or Fire Toxin).

It was originally prepared as a decoction to be drunk cold, together with about a half cup of rice wine. The latter served two purposes: a) to counteract the Cold action of the herbs on the Stomach and thus promote absorption into the bloodstream; b) to activate the Blood and enhance the local action of the formula.

Clinically this formula may be used alone, or as a base for more complex formulations in the treatment of localised superficial purulent infections. In regards to pathogenesis, these conditions may arise due to external contraction or from internally generated Heat due to overindulgence in rich, spicy or otherwise heating foods.

This formula is mainly applied in acute conditions, in which the health Qi (*zheng qi*) is robust, i.e. purely excess type syndromes. It is suitable for both internal as well as external abscesses.

The synergistic actions of the herbs are as follows:

- Lonicera flower (*jin yin hua*): clears Heat Toxin to reduce inflammation and expel pus.
- Taraxacum herb (*pu gong ying*), Begonia herb (*tian kui zi*), Chrysanthemum indicum flower (*ye ju hua*), Viola herb (*zi hua di ding*): clear-Heat toxin and cool the Blood