

Brightens Outlook, Rebuilds Capacity For Joy

This essence combination reflects internal causes for lack of positivity: Being caught up in minute details, tending to be pessimistic, becoming glum and negative when becoming stressed, feelings of inevitable failure because of past experiences.

COMBINATION OF ESSENCES: Golden Waitisia, Wild Violet, Yellow Flag Flower, Woolly Banksia.

ORAL DOSAGE: 6 drops in a glass of water before bed.