

Orange Spiked Pea

(*Daviesia divaricata*)

The Articulation of Expression

Healing Nature

The essence of detachment, considered words and actions. To enhance full expression, response and articulation of feelings without being angered or provoked. To inspire maintenance of internal good will, to let harsh words pass through you and not damage your equipoise. To stop and think, to come from a higher aspect in yourself before reacting in a way that could produce more hurt.

Spiritual Qualities

Emotions can be very powerful, especially when they are translated into physical actions. When a person has not reached full development of their powers of expression, and their emotions rule them, the situation is more likely to occur. To be at the mercy of the emotions is to be a prisoner to the past which has moulded your personality. You are then like a computer with set software giving the same reactions to the same keys being pushed. Turning to the Soul, to our deepest aspect of being, helps us to heal our past and be free of reactionary patterns of behaviour, to be able to respond spontaneously to Life, each response thus considered in the light of its own merits.

Positive Qualities – Key Words:

expressive, articulate, calm, communicate, detached

Problem Target – Key Words:

hurt, explosive, uncontrolled provoked, bottled up

FLOWER ESSENCE AFFIRMATION

I hear what you say and my mind scans the light of its meaning. Here I am at peace in the warmth of my inner being.

Mental/Emotional Health

Oral Dosage of Flower Essences (for mental/emotional wellbeing)

Information on prescribing and preparing oral doses.

- For those who feel threatened by people who are mentally more agile than they are. Often these people feel frustrated with themselves and think of what to say after the person they were trying to communicate with is no longer there. If their short fall in articulating their feelings is used as an unfair advantage by others, feelings start to boil up inside them. If this builds up they can explode in Self defence, having no recourse to words, perhaps even using physical force.
- People who are easily taunted into aggressive behaviour, who overreact physically to verbal smart talk or cruelty, are often the people who find Self expression difficult. This can be a child in the school yard who strikes out, a man or a woman in an unhappy relationship with pent up emotions.
- For those who resort to violence when they have bottled up feelings and are very frustrated and angry.
- For those who use their physical strength as a way of resolving conflict.