

# Orange Leschenaultia

(*Leschenaultia formosus*)

## To Remain Tender

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### Healing Nature

The essence of gentle perseverance and sustaining benevolence. Bringing one in touch with the softness of Life, empathy re-emerges. The hardened outer skin then becomes subtle and supple again, and is able to receive and give Love. For those who have been gradually closing up and desensitising because of the harsher realities of Life and human relations.

### Spiritual Qualities

When we harden up to get through the struggles of our journey we lose more and more Love from our experiences. The art is to be detached from the ups and downs, learning all the while, but never to distance ourselves from the sufferings of others, and, where we can, lend our encouragement. This creates an atmosphere around our lives of gentleness and Love.

#### Positive Qualities – Key Words:

softness, tender, sensitive, compassion

#### Problem Target – Key Words:

hardened, gruff, intolerant, selfish

#### FLOWER ESSENCE AFFIRMATION

I can feel the rain and the sun, the cold wind and the warm earth. I sense all the beauty, every vulnerable part. I will shelter the fragile heart and give it warmth.

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### Mental/Emotional Health

#### Oral Dosage of Flower Essences (for mental/emotional wellbeing)

Information on prescribing and preparing oral doses.

- For people who have been through the school of hard knocks, a general desensitisation occurs. Even when they are soft in their hearts they don't show it. People see only the rough exterior and may consider the person harsh. In reality they are wounded people with a Rhino skin to protect them. In spite of the Rhino skin they still get hurt, but other people will not realise it.
- When seeing someone going through a hard time these people will say, "well I had to go through it, so you will have to as well". It is a typical reaction of some people in the older generations.