

Many Headed Dryandra

(*Dryandra polycephalus*)

The Reliable Friend

Healing Nature

The essence to calm, strengthen and inspire a person to face and deal with Life and relationships so that stability and fulfilment come together at last. With new found consistency there is a deepening and maturing in all aspects of Life.

Spiritual Qualities

True freedom of Spirit is when we can walk into any situation with equipoise, dealing with any needs, any difficulties, in the same loving way that we deal with pleasant surprises and fun. The calm mind, enjoying being involved with Life is the one that can know the deepest fulfilment.

Positive Qualities – Key Words:

dedication, commitment, inspired, fulfilment, consistent

Problem Target – Key Words:

irresponsible, run away, overwhelmed, freaked out

FLOWER ESSENCE AFFIRMATION

When I stand still Life comes to me bringing gifts of Love and sometimes a load to be shared. I accept with Joy and nourish my Soul.

Mental/Emotional Health

Oral Dosage of Flower Essences (for mental/emotional wellbeing)

Information on prescribing and preparing oral doses.

- For those with difficulties, such as panic and a need to run away when facing responsibility in relationships, work or family life or any area of Life that requires responsible actions.
- Used also where people have irrational responses to commitment or being consistent in their behaviour.

Topical Applications of Flower Essences

(for mental/emotional wellbeing)

Information on prescribing and applying essences topically.

Feeling weak, wanting to pull away, can't cope, everything is too much.

Stomach acu-point on the ear.

THE HEALING

settles the mind and brings in a sense of the Joy and interest in developing long term relationships and goals. The new consistency enables a greater fulfilment and an encourag