

Geraldton Wax

(Chamelaucium uncinatum)

The Sanctity of the Self

Healing Nature

The flower essence of inner strength and being what you know is true to yourself. To feel the beauty of being strong against the wind of adverse opinion and pressure. To strengthen oneself so as not to be pressured against one's will, or be routinely influenced by the desires of others who focus on you.

Spiritual Qualities

We learn as we live, so many things. Often we learn a particular truth and then a test may come as to whether we will now live by that truth. If there is a person in our Life who doesn't want us to walk that path they will put pressure on us verbally or non verbally by moods and actions. With inner strength such pressure has no effect, except to make clear to us what our journey should be and where the other person is coming from.

Positive Qualities – Key Words:

inner strength, independent, Self assured

Problem Target – Key Words:

influenced, pressured, dominated, obligatory

FLOWER ESSENCE AFFIRMATION

Within me the deep rosy glow of my being speaks to me of my unassailable Soul. I walk my Life lighting my way as I go.

Mental/Emotional Health

Oral Dosage of Flower Essences (for mental/emotional wellbeing)

Information on prescribing and preparing oral doses.

- Helpful for dominant/submissive relationships.
- For adolescents succumbing to peer group pressure.
- For people who are going against what they suspect or know inside to be fair or true.
- To help people learn to stand their ground and not compromise themselves under coercion.
- To free a person who is bowing to another's will.

Topical Applications of Flower Essences

(for mental/emotional wellbeing)

Information on prescribing and applying essences topically.

Over accommodating other's opinions or ideas, listening too much to others.

Internal Ear acu-point on the ear.

Feeling useless, helpless, unable to achieve.
Brain stem acu-point on the ear.