

Correa

(*Correa pulchella*)

The Acceptance of Self

Healing Nature

The essence to inspire feelings of positivity and self esteem. Being able to learn from mistakes with acceptance and without blame or regret. From inner acceptance – to focus – to success. Helpful for overcoming negative self concepts with ensuing phases of stagnation and depression.

Spiritual Qualities

In the early stages of our development we need to establish who we are and appreciate our own individuality. If we don't establish this then we find there is not enough strength and determination accessible to stride forward on our Path. Feelings of inferiority are an illusion, as all have the perfect expression of the Divine Love deep within.

Positive Qualities – Key Words:

confidence, Self esteem, learning, acceptance, potential

Problem Target – Key Words:

Self recrimination, inferiority complex

FLOWER ESSENCE AFFIRMATION

In the symphony of Life I sing a note. It is like no other and so I give it my all and hear beautiful music through all my Life.

Mental/Emotional Health

Oral Dosage of Flower Essences (for mental/emotional wellbeing)

Information on prescribing and preparing oral doses.

- For a person who lacks confidence, keeps themselves in an inferior position and doesn't try to improve. They feel they are useless or not good enough and so perpetuate their situation.
- For those with an inferiority complex who dump on themselves.
- For those lacking confidence.
- Very often this essence is used in cases where a person has not been encouraged as a child and doesn't have a good Self image. Also in cases where people's experiences in relationships always left them feeling they were not good enough for the other person.