

Blue Leschenaultia

(*Leschenaultia biloba*)

The Joy of Giving

Healing Nature

The essence that inspires generosity and the openness to share what we have with others on all levels. The opening of a window in the Soul that reveals the basic needs of fellow beings and then rekindles the desire to give with grace and benevolence. Also helps to de-energise an unhealthy need to have and keep hold of material possessions.

Spiritual Qualities

The Universe gives freely and provides shelter and nourishment for all Life. To go against this dynamic Universal flow is to invite distortion into our own lives. Whenever we stem the tide of giving, our own lives become impoverished, sapped of happiness and sweetness. Focusing on possessions does not give deep or lasting fulfillment and can often be the ruin of a relationship. The spirit of sharing, and finding happiness in seeing the enjoyment of others, leads to a greater sense of the joys of togetherness and oneness.

Positive Qualities – Key Words:

giving, sharing, open, free, generous

Problem Target – Key Words:

voracity, selfishness, covetous, hoarding, petty

FLOWER ESSENCE AFFIRMATION

I open the door inviting Life in to see what I have to offer. Please let me give more there is always more coming in flowing in like an endless stream and out into the ocean again.

Mental/Emotional Health

Oral Dosage of Flower Essences (for mental/emotional wellbeing)

Information on prescribing and preparing oral doses.

- For people who try to avoid having to give of themselves or be generous. Often they are puzzled as to why other people don't have loving feelings for them. For others relating to these people it seems that the person is always suspicious of motives and wondering what someone wants from them. When people get annoyed or start to reject them the unhelpful person will seem to not understand why people are reacting to them in this way.
- For the people who are too involved with the fleeting pleasures of material objects, hoarding, hiding and holding onto what they have. This is really a very sad state of being and brings no Joy at all.
- For those with petty attitudes concerning what they own.

Topical Applications of Flower Essences

(for mental/emotional wellbeing)

Information on prescribing and applying essences topically.

For attitudes of “I’m alright, life is going fine for me”, but indifference to or not wanting to be bothered about other people’s dilemmas or hardships.

Stomach acu-point

For possessive and/or avaricious mentality due to insecurity fear of being without.

Liver acu-point on the ear.