

Black Kangaroo Paw

(Macropidia fuliginosa)

The Joy of Forgiveness

Healing Nature

The flower essence of forgiveness and love. To bring back the light and re-sensitise after resentment and heavy emotional traumas one can't seem to forget. This flower essence brings people back to their own hearts rather than staying in their resentful gut reactions, to go forward with their lives and leave their negativity in the past.

Spiritual Qualities

Some of the hardest lessons we learn are the ones confronting us because of betrayal by a person we care about or are vulnerable to. It is a test of our ability to keep the greater vision of the purpose and higher goals of our Soul while facing the events our personality is grappling with. To bring in the Light and allow our Soul to lead the way heals the personality and reasserts our direction, freeing us from the darkness of negativity and hurtful deeds.

Positive Qualities – Key Words:

forgiveness, sensitivity, Love, positivity

Problem Target – Key Words:

anger, hatred, negativity, obsession, hurt

FLOWER ESSENCE AFFIRMATION

I am a part of all Life watching it and within it also. Buffeted by storms I do not lose my way I keep my eyes on the Light and fly freely to Joy.

Mental/Emotional Health

Oral Dosage of Flower Essences (for mental/emotional wellbeing)

Information on prescribing and preparing oral doses.

- Helpful to reduce the trauma in relationship break-ups and grief/loss/anger and obsessive cycles. Also for issues of control as in the cases of parents or other authority figures, which then get re-enacted in later Life.
- To help release the need to boil over past or current problems with people.
- For those who like to see those who have hurt them suffer.
- Negative emotions have a tendency to grow and take over the mind, and like falling down an expanding pit, the mind has a Herculean task to get out.

Topical Applications of Flower Essences

(for mental/emotional wellbeing)

Information on prescribing and applying essences topically.

For feeling overburdened one becomes aggressive and insensitive in the pursuit of solutions.

Diaphragm acu-point on the ear.