

# Antiseptic Bush

(*Calocephalus ass. multiflorus*)

## The Cleansing Power of the Light

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### Healing Nature

The flower essence of staying true to one's journey and accepting into one's Life only that which will sustain and support the inner nature. For cleansing oneself of negative influences in the environment or a build up over time of such influences within oneself. This flower essence helps a person to be amongst the different aspects of Life and maintain inner sanctity by continual internal focus, alertness and not compromising the treasures of Life.

### Spiritual Qualities

On our journey through Life there can be an accumulation of influences and energies which eventually cloud and disorientate us from our higher goals and aspirations. We can leave ourselves vulnerable to negative experiences by not focusing on where we are going. In this way we invite a range of experiences which can lead us away from our goals. Keeping ourselves fresh and alert to where a path can lead, keeps us on course for building worthwhile and positive experiences.

#### Positive Qualities – Key Words:

integrity, sanctity, cleansing, alert, focus

#### Problem Target – Key Words:

compromising, influenced, distracted, helpless

### FLOWER ESSENCE AFFIRMATION

Within the bright jewel of my mind the purity of Light is shining. I see clearly. My inner Path leads me on to the treasures of Life.

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### Mental/Emotional Health

**Oral Dosage of Flower Essences** (for mental/emotional wellbeing) Information on prescribing and preparing oral doses.

- For the person easily dazzled by external attractions and frivolous enjoyments, being influenced to the detriment of their overall welfare.
- For those who leave themselves too open to influences.
- For those who feel a sense of frustration and helplessness with their situation and feel increasingly unable to manage what they have got themselves into.
- For a person who feels weighed down by, and find themselves absorbing, a build up of psychic "junk" from the atmosphere or people in an environment they spend time in.

Also used in daily room, bed or area spraying (10 drops per 125ml water, then succussion) and aurically cleansing baths (20 drops per full sized bath).

### THE HEALING

inspires keeping internal integrity and being true to one's inner Light. The new brightness, and non compromising focus of the person's mind dispels the influences of