Pretorius®

MELATONIN 4X Practitioner Only – CONDITIONS OF SALE

CONDITIONS OF SALE:

Supply of Practitioner Only Products to healthcare professionals is restricted to professionals with training and experience in ingestible medicines and is limited to the following professions:

Naturopaths

Herbalists

Homeopathic Practitioners

Nutritionists

Traditional Chinese Medicine Practitioners

Medical Practitioner

Dentist

Pharmacist

Chiropractors

Osteopaths

Purchasing Officers in Hospitals

Nurses

Podiatrists

Pretorius Professional Melatonin 4X can only be sold:

- 1. By a practitioner or
- 2. On the prescription of a Practitioner
- 3. After a face to face consultation (which may be an in-store consultation in a similar way that a pharmacist consults with customers before prescribing pharmacist only medicines) and
- 4. After affixing a label to the product
- 5. The Australian Regulatory Guidelines for Complementary Medicines (V1.01 May 2020) confirms this by stating:

"These medicines should only be supplied to an individual after consultation with a healthcare practitioner, at which time, the healthcare practitioner attaches a label to the medicine providing instructions for use for that individual alone."

After a face-to-face consultation with the person, the practitioner should write a script, which includes the following:

- The clients full name and date of birth;
- The practitioner's contact details and association provider number;
- The date the prescription was dispensed and expiry date; and
- Instruction made including substance or product name and dosage level.

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The aforementioned script information should be retained in a secure patient record, with the consultation notes. Consultation notes should detail:

- the symptoms that the person is experiencing;
- any medications they are currently taking
- medical history

A label should be affixed to the product that provides the following information:

- the name and particulars of the consumer;
- the recommended dosage amount per day; and
- details of the practitioner including name contact details and practitioner association provider number

Display of Practitioner Only Products

POP should not be accessible in any retail outlet, as they are not for self-prescribing. It is recommended that POP products are kept on a shelf behind the counter; POP should only be accessible after a consultation with a healthcare professional or upon presentation of a current script written by a healthcare professional.

IT IS A CONDITION OF SALE THAT **MELATONIN 4X PRACTIONER ONLY** MAY NOT BE PROMOTED TO END USER CONSUMERS VIA DIGITAL OR TRADITIONAL MEDIA AND MAY NOT BE SOLD ONLINE.