

Easily absorbed micro minerals to help correct cellular imbalances

- Schuessler Tissue Salts are 12 inorganic minerals essential to the health of the body.
- Identified by German Physician & Homoeopath Dr Schuessler, they are the building blocks of the body.
- Cellular deficiency in one or more of these minerals may lead to health imbalances.
- Rebalance with Schuessler Tissue Salts for fast symptom relief.

Traditional Preparation Method

Schuessler Tissue Salts are homeopathically prepared by hand trituration or succussion and are manufactured in licensed GMP facilities in Australia.



- ✓ Schuessler Tissue Salts are rapidly absorbed via the blood vessels of the mouth and quickly transported to the cells; ideal for people with poor gut health.
- ✓ By stimulating cell metabolism they help to regulate mineral levels within the cells.
- ✓ Fast cellular re-balance assists with fast symptom relief and support for chronic conditions.
- ✓ Healthy cells improve absorption of supplements & nutrients and increase their effectiveness.

Stimulate • Regulate • Balance • Accelerate Absorption

Suitable for all

Pregnant or breastfeeding, infants, elderly, diabetics, lactose intolerant, those on multiple medications and pets.



Combine Tissue Salts + Supplements

Recommend a Tissue Salt with every supplement.

Select

Match symptoms to each tissue salt on the chart. Combination tissue salts make selection easy.

Ask for your store copy of the Handbook ▶



Dose

Adult Dose: 1 tablet. Chew tablets.
Acute: Every half hour (up to 6 times a day) until symptoms subside. **Chronic:** 4 times daily.
1 Schuessler tablet = 4 small pills of other brands.

- 1 Suitable for everyone
- 2 Easily absorbed micro minerals
- 3 There is a Tissue Salt for every ailment















RRP \$11.95 125 Tablets
























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Available in tablets (125 & 250), Lactose Free Sprays, Creams & Kidz Mineral range.

Twelve Single Tissue Salts

1	CALC FLUOR Calcium Fluoride	ELASTICITY Bone surface, blood vessels & muscle tissue.	For haemorrhoids, varicose veins, cracked skin, muscle strain & injured ligaments.	
2	CALC PHOS Calcium Phosphate	BONE HEALTH Bone, teeth, connective tissue & gastric juices.	For anaemia, bone diseases & indigestion.	
3	CALC SULPH Calcium Sulphate	BLOOD CLEANSER Skin cells, bile & blood from the liver.	For skin disorders, spots, pimples & slow healing wounds.	
4	FERR PHOS Ferrum Phosphate	FIRST AID Found in all cells.	For inflammation, redness, throbbing, 1st stage of respiratory illness.	
5	KALI MUR Potassium Chloride	GLANDULAR TONIC Every body tissue except bone.	For mucous congestion, coughs, glandular swellings, tonsillitis & ulcerated sore throat.	
6	KALI PHOS Potassium Phosphate	NERVE NUTRIENT Tissue & fluid of nerve, brain & muscle cells.	For nervous tension, depression, irritability & tension headaches.	
7	KALI SULPH Potassium Sulphate	SKIN BALANCE Cells lining the skin.	For dry scaling skin & minor eruptions, dandruff & chicken pox.	
8	MAG PHOS Magnesium Phosphate	NERVE & MUSCLE RELAXANT Blood, bone & teeth.	For spasmodic pain, muscle cramps, spasms & twitches.	
9	NAT MUR Sodium Chloride	FLUID BALANCE Every liquid & solid part of the body.	For excessive moisture or dryness, runny nose, loss of smell & taste.	
10	NAT PHOS Sodium Phosphate	ACID NEUTRALISER Blood, bone, muscle, nerve & brain cells.	For acidity, indigestion, dyspepsia & heartburn.	
11	NAT SULPH Sodium Sulphate	WATER ELIMINATOR Blood vessel walls and cell coats.	For biliousness, liver upsets & water retention.	
12	SILICA Silica	CLEANSER & CONDITIONER Connective tissue, hair, nails, blood, bile, bone & nerve sheath.	For pimples, boils, ulcers, styes & excessive perspiration. Hair, skin & nail nutrient.	

Combination Tissue Salts

A	Ferr Phos, Kali Phos & Mag Phos	INSOMNIA Restless sleep due to muscle cramps, sciatica or inflammation.		L	Calc Fluor, Ferr Phos & Nat Mur	CIRCULATORY DISORDERS Cold limbs, varicose veins & inflammation.	
B	Calc Phos, Kali Phos & Ferr Phos	GENERAL DEBILITY Nervous exhaustion, irritability & anxiety.		M	Nat Phos, Nat Sulph, Kali Mur & Calc Phos	RHEUMATISM Stiff joints, poor mobility & fluid build up.	
C	Mag Phos, Nat Phos, Nat Sulph & Silica	ACIDITY Heartburn, gastric reflux & dyspepsia.		N	Calc Phos, Kali Mur, Kali Phos & Mag Phos	MENSTRUAL PAIN Stomach cramps, bloating & headaches.	
D	Kali Mur, Kali Sulph, Calc Sulph & Silica	SKIN DISORDERS Acne, eczema, dermatitis & scaly skin.		P	Calc Fluor, Calc Phos, Kali Phos & Mag Phos	POOR CIRCULATION Chilblains, aching feet & legs & muscular pain.	
E	Calc Phos, Mag Phos, Nat Phos & Nat Sulph	INDIGESTION Gastric discomfort, flatulence, bloating & colic.		Q	Ferr Phos, Kali Mur, Kali Sulph & Nat Mur	SINUS Symptoms of sinusitis & catarrh.	
F	Kali Phos, Mag Phos, Nat Mur & Silica	FATIGUE Fatigue, physical & mental exhaustion.		R	Calc Fluor, Calc Phos, Ferr Phos, Mag Phos & Silica	PAINFUL TEETH Teething, tooth pain & dental inflammation.	
G	Calc Fluor, Calc Phos, Kali Phos & Nat Mur	LUMBAGO Lumbago, backache, pain in the lumbar region.		S	Kali Mur, Nat Phos & Nat Sulph	STOMACH UPSET Biliousness, queasiness & nausea.	
H	Mag Phos, Nat Mur & Silica	HAYFEVER Hayfever, allergies & rhinitis.		T	Ferr Phos & Kali Mur	1ST STAGE OF ILLNESS Inflammation, onset of fever, sore throat & immune support.	
I	Ferr Phos, Kali Sulph & Mag Phos	FIBROSITIS Fibrositis, muscular pain & inflammation.		U	Calc Phos, Calc Fluor, Silica & Nat Phos	CALCIUM ABSORPTION Calcium deficiency, to maximise calcium absorption.	
J	Kali Mur, Nat Mur & Ferr Phos	CONGESTION Chest congestion, coughs & colds.		5	Calc Phos, Mag Phos, Ferr Phos, Nat Phos & Kali Phos	5 PHOSPHATES Anxiety, neuralgic pain & general debility.	
K	Kali Sulph, Nat Mur & Silica	WEAK, BRITTLE NAILS Brittle nails, falling hair & flaky scalp.	 	12	Calc Fluor, Calc Phos, Calc Sulph, Ferr Phos, Kali Mur, Kali Phos, Kali Sulph, Mag Phos, Nat Mur, Nat Phos, Nat Sulph & Silica	12 TISSUE SALTS Overall fatigue & exhaustion.	

Available In:  **Tablets** (Traditional hand-ground Tissue Salt Tablets)  **Sprays** (Lactose-free Oral Sprays)  **Creams** (Paraben Free Aqueous Creams)