The flower essences in Body Bliss work to promote a feeling of well-being and relaxation. If muscles are tight, a gentle massage with Body Bliss helps to ease tension and allows both body and mind to relax.

Try using Body Bliss for conditions where a calming effect would be beneficial.

The lotion is an excellent massage medium; full results can be achieved with only one simple application. Body Bliss does not feel sticky or oily, has no unpleasant odor, and is readily absorbed into the skin.

The mist is a great variant of this product which can be conveniently applied to specific areas of the body for relief.