

# The synergistic therapy for Detoxification & Drainage

The 3 formulations in the Detox Kit Heel® treat the 3 key Detoxification & Drainage organs



### Lymphomyosot®

- Supports the lymphatic system & promotes lymph drainage<sup>1</sup>
- Assists in the treatment of fluid retention



### Nux vomica-Homaccord®

- Stimulates and supports liver & gastrointestinal functions<sup>4</sup>



### Reneel®

- Helps maintain healthy kidney function

## The application

Of synergistic therapy for Detoxification & Drainage



30 drops of each medication in a bottle of water (1.5 litres)

Mix/shake bottle thoroughly

Drink during the day

Route of administration helps the patient to consume enough water during the day, which supports the detoxification & drainage effect

Recommended administration increases the patient's compliance

The treatment should be continued for 4 weeks

The treatment is recommended 2 to 3 times a year

## Detox Kit Heel

Assists Detoxification | Promotes the body's elimination functions

### Lymphomyosot® N | Drops

**Each 1g contains:** Calcium hydrogen phosphate dehydrate 12x 50mg (Calcium phosphoricum), Equisetum hiemale 4x 50mg (Equisetum hyemale), European garden spider 6x 50mg (Aranea diadema), Ferrous iodide 12x 100mg (Ferum iodatum), Fumaria officinalis 4x 50mg, Gentiana lutea 5x 50mg, Geranium robertianum 4x 100mg, Levothyroxine sodium 12x 50mg, Myosotis arvensis 3x, Nasturtium officinale 4x 100mg, Pinus sylvestris 4x 50mg, Sodium sulphate 4x 50mg (Natrium sulphuricum), Scrophularia nodosa 3x 50mg, Smilax aristolochifolia 6x 50mg (Sarsaparilla), Teucrium scorodonia 3x 50mg, Veronica officinalis 3x 50mg. Contains alcohol, water.

**Dosage:** In general, 10 drops 3 times daily.

**Package sizes:** Drop bottles containing 30ml.

### Reneel® | Drops

**Each 1g contains:** Berberis vulgaris 6x 100mg, Cantharides 6x (Cantharis) 100mg, Equisetum hiemale 4x 100mg, Populus tremuloides 4x 100mg, Serenoa repens 4x 100mg (Serenoa serrulata), Solidago virgaurea 4x 100mg. Contains alcohol, water.

**Dosage:** In general, 10 drops 3 times daily.

**Package sizes:** Drop bottles containing 30ml.

### Nux vomica-Homaccord® | Drops

**Each 1g contains:** Strychnos 2X (Nux vomica), Strychnos 10X (Nux vomica), Strychnos 15X (Nux vomica), Strychnos 30X (Nux vomica), Strychnos 200X (Nux vomica), Strychnos 1000X (Nux vomica), Bryonia alba 2X (Bryonia), Bryonia alba 6X (Bryonia), Bryonia alba 10X (Bryonia), Bryonia alba 15X (Bryonia), Bryonia alba 30X (Bryonia), Bryonia alba 200X (Bryonia), Bryonia alba 1000X 2mg each (Bryonia), Lycopodium clavatum 3X (Lycopodium), Lycopodium clavatum 10X (Lycopodium), Lycopodium clavatum 30X (Lycopodium), Lycopodium clavatum 200X (Lycopodium), Lycopodium clavatum 1000X (Lycopodium), Citrullus colocynthis 3X (Colocynthis), Citrullus colocynthis 10X (Colocynthis), Citrullus colocynthis 30X (Colocynthis), Citrullus colocynthis 200X 3mg each (Colocynthis).

**Dosage:** In general, 10 drops 3 times daily.

**Package sizes:** Drop bottles containing 30ml.

### References:

- Zenner S, Metelmann H. Therapeutic Use of Lymphomyosot – Results of a Multicentre Use Observation Study on 3,512 Patients Biol Ther. 1990;VIII(3):49-53,67-72 and VIII(4):79-84,94,96
- Dietz A-R. Lymphomyosot and Alpha Lipoic Acid: Possibilities for a Lymph Therapy with Diabetic Polyneuropathy. J Biomed Ther. 2002;Summer:6-11
- Eiber A, Klein P, Weser M. Diabetic Peripheral Neuropathy: Adjuvant Homeopathic Treatment Enhances the Effects of Conventional Therapy [in German]. Der Allgemeinarzt. 2003;25(8):610-614
- Weser M, Zenner S. Gastrointestinal therapy with Nux vomica-Homaccord. J Biomed Ther. 2004;Winter:7-11

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# Detox Kit Heel®

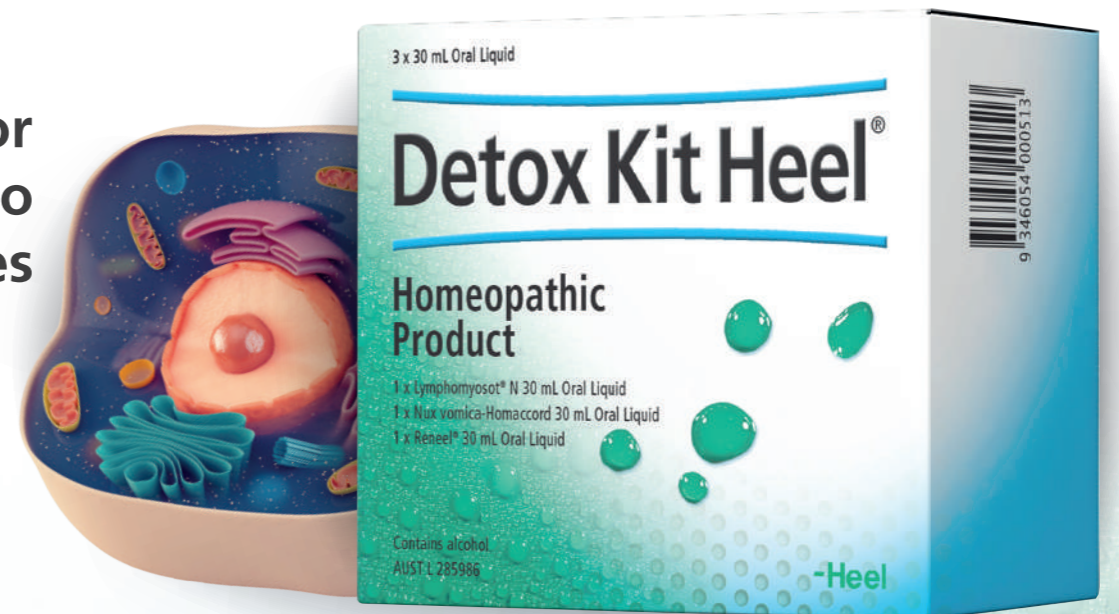
Effective | Gentle | Well tolerated | Easy to use

Accelerated Healing

Lymphatic Drainage

Suitable for Hyper Sensitive Patients

Suitable for "Difficult to Treat" cases



Practitioner only information  
Homeopathic Medicine

-Heel

## Detoxification and Drainage?

Patients complain about multiple and diffuse symptoms  
Fatigue, headache, insomnia, memory loss, diarrhea, flatulence, constipation, heartburn, abdominal pain, weight gain, mood swings, sweating, acne, eczema, urticaria, muscular pain etc.

Without any firm diagnosis or accompanied by  
Cardiovascular, gastrointestinal, dermatological, musculoskeletal, respiratory or endocrinological problems etc.

Symptoms could be exacerbated by endogenous and exogenous toxins

Global toxicity, previous treatments (including drug abuse), tobacco and alcohol, stress, unhealthy diet, lack of exercise

Patients are dissatisfied – Patients get “difficult”



*“If you want a tiger out of the house, don’t start by pinching his tail. First open all the doors and windows – he may just go out by himself.”*  
(Chinese proverb)

## Practical information

### Combining complementary and allopathic medicine

The Detox Kit Heel® may also be used as complementary therapy in the following instances:

- Following a cycle of prescribed allopathic medication
- Preceding or following a surgical procedure
- Lifestyle or dietary changes (quitting smoking, cutting out coffee, etc.)
- Herbal therapy
- Colonics

### Common symptoms of detoxification

One of the hallmarks of homeopathic treatment is the gentle quality of the therapy. While individual responses will vary according to each person’s health status, toxic overload and sensitivity, the Detox Kit Heel® offers a safe and effective support to the organs of excretion with a reduced risk of undesirable physical reactions. A sufficient intake of water (about 1.5L per day) is necessary to ensure proper elimination of toxins and minimal detoxification symptoms.

Common symptoms of detoxification include (but are not limited to):

- Increased frequency of urination
- Change in bowel activity
- Bloating and flatulence
- Fatigue
- Lightheadedness
- Headaches
- Mild skin symptoms, etc.



These symptoms are generally an indication that toxins are in the process of being eliminated. However, should the detoxification symptoms become too difficult to endure, a reduction of the dosage (e.g. down to 5 drops of a full dosage over a period of a few days or even weeks) may be necessary. This may also be an indication that a deeper detoxification is required. Furthermore, if the nature and severity of the symptoms seem abnormal, it is important to evaluate if the detoxification program should be continued

Recurring symptoms may appear as part of the recovery process. For example, if a patient has experienced pain or inflammation at some point in his/her life, detoxification may trigger this response again temporarily. Such a vital response indicates that the detoxification process is well underway and these symptoms may be further treated individually with other specialized antihomotoxic remedies rather than suppressed with conventional medications.

Although detoxification is an essential part of the healing process, there are sensitive individuals and certain conditions that may be aggravated by the rapid mobilization of toxins. In such cases, to minimize reactions in known hypersensitive individuals, begin the detoxification with a lower dose (for example 5-15 drops per day in 1.5L of water). Gradually increase the dosage according to the patient’s tolerance. Moreover, use each product one after the other by starting with Nux vomica-Homaccord® only. As soon as this bottle is empty, move on to Reneel®. When it is finished, use Lymphomyosot®. Once all 3 products are ended, stop detoxification for 1 week and start a second Detox Kit Heel® at the recommended dose (30 drops of each remedy per day in 1.5L of water).

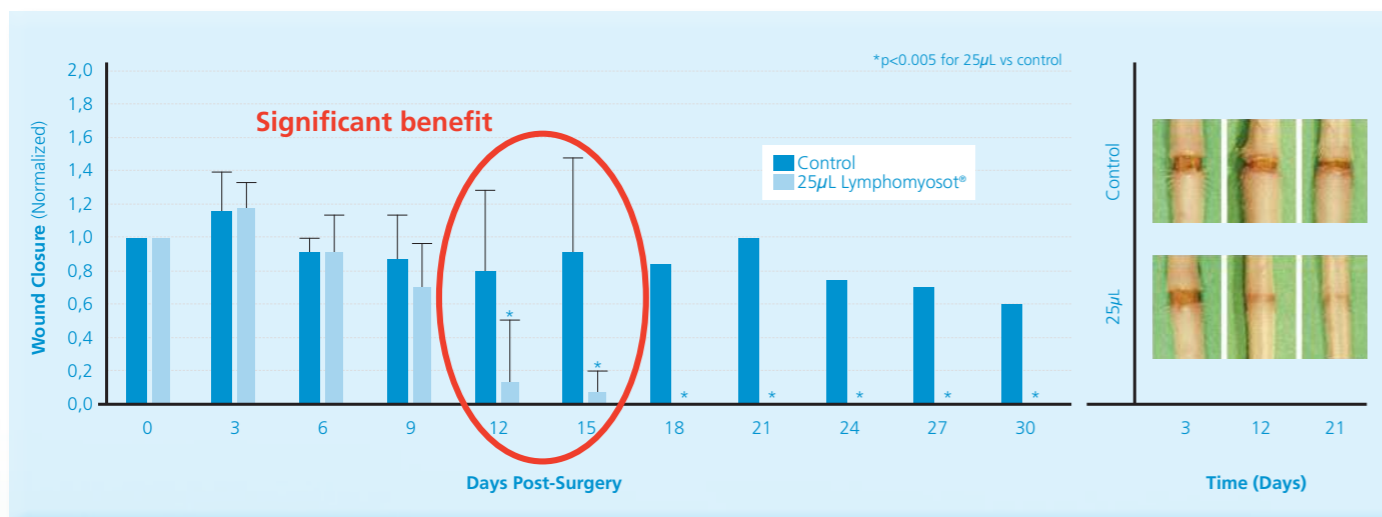
## 3 organ systems ~ 3 products ~ 1 synergistic therapy

## Results of the preclinical studies

Acceleration of Postoperative Wound Closure

**Lymphomyosot**®

Tissue Regeneration



Keim AP, Slijs JR, Mendez U, Stroup EM, Burmeister Y, Tzolaki N, Gailing O, Goldman J., The Multicomponent Medication Lymphomyosot Improves the Outcome of Experimental Lymphedema Lymphat Res Biol. 2011; No2, 2013

## Detoxification and Drainage

- ~ Reduces the amount of toxins in the extracellular matrix
- ~ Supports and stimulates the elimination of endogenous & exogenous toxins
- ~ Results in a “clean slate” for body and mind

