

## Tall Mulla Mulla

This is another Essence which was made up in the Olgas or Katajuta. It is a small upright annual with a long pink-purple flower head. It is for people who are not at ease being with others. They prefer their own company and enjoy being alone but miss out on the emotional growth that interaction with others can bring. On an emotional level there is not much 'circulating with people', as it feels too troublesome and uncomfortable. They do not easily mix with others. They prefer to be alone where they know their own environment and can avoid confrontation with others. They will often go to any length to keep the peace even if it means agreeing to or saying things they don't believe. They do not breathe in life deeply for they prefer holding on to the familiar rather than being open to the new.

### Negative Condition:

- ill at ease
- sometimes fearful of circulating and mixing with others
- loner
- distress by and avoids confrontation

### Positive Outcome:

- feeling relaxed and secure with other people
- encourages social interaction



### Preparation of Dosage Bottles

Place seven (7) drops of Stock Essence into a 15ml to 30ml dropper bottle filled with 1/3 brandy and 2/3 purified water.

### Preparation of Combination Essences

Place seven (7) drops of each Stock Essence into a 15ml to 30ml dropper bottle filled with 1/3 brandy and 2/3 purified water.