#### **Sundew**

This Essence is for people who are vague and indecisive and do not pay attention to detail. For those who tend to 'split off' easily, especially when there is work to be done. This Essence will keep them focused in the present and reduces procrastination. It is for those who tend to be vague, dreamy or drawn to drugs. This carnivorous plant is found in damp, boggy areas and has a crimson, 'earth-hugging' base. It sends up a tall stem to which delicate little flowers are attached.

### **Negative Condition:**

- vagueness
- disconnectedness
- split
- indecisive
- lack of focus
- daydreaming

#### **Positive Outcome:**

- attention to detail
- grounded
- focused

living in the present



# **Preparation of Dosage Bottles**

Place seven (7) drops of Stock Essence into a 15ml to 30ml dropper bottle filled with 1/3 brandy and 2/3 purified water.

## **Preparation of Combination Essences**

Place seven (7) drops of each Stock Essence into a 15ml to 30ml dropper bottle filled with 1/3 brandy and 2/3 purified water.