

Sturt Desert Pea

Sturt Desert Pea is the floral emblem of South Australia. It is for deep hurts and sorrows. I have come across at least three Aboriginal legends connecting this flower to grief and sadness. This is one of the most powerful of all the Essences and, like so many of the Bush Essences; it can help the person bring about amazing changes in their life.

Negative Condition:

- emotional pain
- deep hurt
- sadness

Positive Outcome:

- letting go
- triggers healthy grieving
- releases deep held grief and sadness



Preparation of Dosage Bottles

Place seven (7) drops of Stock Essence into a 15ml to 30ml dropper bottle filled with 1/3 brandy and 2/3 purified water.

Preparation of Combination Essences

Place seven (7) drops of each Stock Essence into a 15ml to 30ml dropper bottle filled with 1/3 brandy and 2/3 purified water.