

Southern Cross

This is another Essence made in the Stirling Ranges of Western Australia. It is for those people who have a tendency to feel that they are a victim, that life has been hard on them or that they have been hard done by. This Essence helps people to understand that they create all the situations that happen to them in life and that they can change their situation by changing their thoughts.

Negative Condition:

- victim mentality
- complaining
- bitter
- martyrs
- poverty consciousness

Positive Outcome:

- personal power
- taking responsibility
- positiveness



Preparation of Dosage Bottles

Place seven (7) drops of Stock Essence into a 15ml to 30ml dropper bottle filled with 1/3 brandy and 2/3 purified water.

Preparation of Combination Essences

Place seven (7) drops of each Stock Essence into a 15ml to 30ml dropper bottle filled with 1/3 brandy and 2/3 purified water.