

## Birte's Ear Candles

Handmade to fit all ears!

Australian Register of Therapeutic Goods Number 137896

Birte's Ear Candles provide a relaxing and warming non invasive treatment for the ear, sinus and lymphatic circulation system. This technique is generally more effective than the syringe system favoured by Allopathic medicine.

As the candles burn, they consume the oxygen in the candle cavity, creating a vacuum, which can work to gently draw out built up blockages. The warmth from the candles stimulates lymphatic circulation. In balancing the fluids and pressure in the ear, candling can greatly reduce pain, headaches and nausea stemming from imbalance.

Hand made in Western Australia using unbleached cotton fabric, infused with pure beeswax.

### Where does earwax come from?

The outer ear is the funnel-like ear canal section of the ear, which extends from the pinna (the earflap on the side of the head), to the eardrum. The skin of the ear canal has glands that produce the waxy oil called cerumen.

The wax protects the ear by trapping dust, micro-organisms and foreign particles and prevents them from entering and damaging the ear.

The wax usually makes its way to the opening of the ear where it falls out or is removed by cleaning. Earwax is nature's defence, preventing foreign particles from reaching the eardrum.

Earwax also acts as temporary water repellent. The absence of earwax may result in dry, itchy ears.

### Blocked?

The glands may produce more wax than can be easily excreted out of the ear. This extra wax may harden within the ear canal and block the ear. More commonly, however the ear canal becomes blocked when attempts to clean the ear using such things as cotton wool buds, napkin corners, and pencils push the wax further into the ear canal causing a blockage.

**Birte's Ear Candles** are excellent - I have been using them for more than 3 years and my entire extended family/friends also use them. I have had childhood problems with inner ear infection so I find that this relieves my symptoms before they become worse.

How wonderful to find something truly 'natural' that does what it says it can.

Margaret C, Perth, WA

I have been using Ear Candles for a while now. I was using another brand when a friend told me about Birte's. I was so happy with the results! The tapered end allows a snugger fit in my ear and the cost is less. Thank you for a great product.

Coralie J. Rockingham, WA

**Contraindicated for:** Recent ear nose and throat surgery. People with ear drains. People with perforated ear drums.

**TGA LISTED NUMBER 137896**

**Paraffin free - clean burning.**

**100% Australian beeswax.**

Hand made.  
Tapered end suitable for all ages.  
Includes wrapped Garlic Oil capsules.  
Superior drawing action.