

Chamomile German in Jojoba Oil 12mL

Description

This oil promotes rest and creates inner contentment. Also useful for: Eczema, dermatitis, minor burns, sunburn, minor wounds, cuts, scratches and abrasions

How to use this product

Massage

Nourish and rejuvenate the body while experiencing the healing benefits of pure essential oils.

HOW: Choose 3 essential oils. Add a total of 5 drops of essential oil to 10 ml of carrier oil and gently massage over the skin. The oils are absorbed into the body via the hair follicles working from within to improve general wellbeing.

Direct Method

Treat specific sites with one single drop directly into the skin.

There are some specific cases where essential oils may be used directly on the skin. When a very small area of the skin is to be treated, the direct method can be applied.

HOW: Add 1 drop of pure essential oil to the tip of a cotton bud. For example 1 drop of myrrh for cold sores. 1 drop of lavender for mosquito bites and apply directly to the site.

Ingredients

Simmondsia chinensis seed fixed oil 970mcL/mL, Matricaria recutita flower essential oil 30mcL/mL

Recipes

ARTHRITIS:

To ease the pain and swelling of arthritis mix the below in 1tbs of Jojoba oil and MASSAGE onto affected area.

2 drops Lavender

2 drops German Chamomile

1 drop Marjoram

DERMATITIS & ECZEMA:

To sooth inflammed and dry skin mix the below in 1 tbs of Jojoba oil and MASSAGE onto affected area.

2 drops Australian Sandalwood

2 drops Chamomile German

1 drop Lavender