

## Pets are feeling more stressed & anxious

There are almost 29 million pets in Australia today - more than the estimated human population of 25 million.<sup>1</sup> Almost two-thirds of Australian & New Zealand households have a pet today, and 90% of us have had a pet at some time.<sup>1,3</sup>

### ANXIETY & BEHAVIOUR ISSUES IN DOGS ARE VERY COMMON:



**26%**  
OF DOGS HAVE  
GENERAL  
FEARFULNESS<sup>2</sup>



**18%**  
HAVE SEPARATION  
ANXIETY<sup>2</sup>



**39%**  
HAVE NOISE  
PHOBIA<sup>2</sup>



**43%**  
OF DOGS SHOW  
A LEVEL OF  
AGGRESSIVE  
BEHAVIOUR<sup>2</sup>

**1 IN 4**  
DOGS DEMONSTRATE  
GENERAL FEARFULNESS  
TOWARD UNFAMILIAR  
PEOPLE & IN NEW  
SITUATIONS<sup>2</sup>



#### Common Triggers for Pets

- Being separated from pet owners
- Carers starting to back to a regular work routine after COVID-19
- New environments and surroundings
- Loud noises
- Other animals/ new people

#### Rest&Quiet PET may be suitable for:

- ✓ Stressed Pets
- ✓ Seasonal and noise triggers, like fireworks or thunderstorms
- ✓ Shock, fear or separation anxiety
- ✓ Social tension between humans or other animals
- ✓ Travel related anxiety
- ✓ Moving to a new home
- ✓ Introducing a new pet to the family

#### Natural Stress Relief for your Furry Friends

The Rest&Quiet Pet Formula is a natural combination of 6 Bach Flower Remedies, traditionally used to calm & support your pet in times of stress, worry or change in environment.

Suitable for all animals including; Dogs, Cats, Rabbits, Horses & Birds.



#### The Rest&Quiet Pet Formula

**CHESTNUT BUD** - To establish how to learn from previous experience & prevent repeating the same mistakes.

**CLEMATIS** - For pets that seem emotionally sad, distant and 'out of it'. Will restore grounding & focus.

**HEATHER** - May influence calm & understanding. May be useful when pets feel lonely or are creating noisy attention.

**MIMULUS** - Useful in times of stress & fear, for sensitivity around noise, strangers & environment.

**IMPATIENS** - Useful in situations of impatience, irritability & lack of co-operation.

**STAR OF BETHLEHEM** - For mental, emotional & physical shock or fear. Allows acceptance of the inevitable.



ALCOHOL FREE



MADE TO DR BACH'S  
ORIGINAL SPECIFICATIONS  
& POTENCY



COMPLEX 6 BACH FLOWER  
FORMULA, SPECIFICALLY  
FORMULATED FOR PETS



VEGAN



AUSTRALIAN MADE & OWNED, USING  
LICENSED MOTHER TINCTURE FROM  
AINSWORTHS IN THE UK



NOT DILUTED TO A  
HOMEOPATHIC POTENCY

1. Pets in Australia: a national survey of pets and people - Animal Medicines Australia. (2021). Retrieved 7 May 2021, from <https://animalmedicinesaustralia.org.au/report/pets-in-australia-a-national-survey-of-pets-and-people/>

2. Taira, K., Sulkama, S., & Lohi, H. (2016). Prevalence, comorbidity, and behavioral variation in canine anxiety. *Journal Of Veterinary Behavior*, 16, 36-44. doi:10.1016/j.jveb.2016.06.008