

Common Name	Botanical Name & Chemotype	Principal Constituents	Plant Part
-------------	----------------------------	------------------------	------------

Everlasting <i>Helichrysum italicum</i>		Neryl acetate (36%), neryl propionate (5%), γ -curcumene, nerol, linalool, limonene, italidiones: I, II, III	Aerial Plant
--------------------------------------------	--	---------------------------------------------------------------------------------------------------------------------	--------------

Country of Origin	Growing Method	Effects and Comments
-------------------	----------------	----------------------

France	Wild/Organic	A complex essence, French practitioners have noted the wound healing and anti-coagulant benefits (as in sprains and bruises) of Everlasting oil. A good anti-inflammatory oil, it is useful for muscular pain and the temporary relief of the pain of arthritis and rheumatism; and assists in the treatment of minor skin disorders – wounds, eczema, dermatitis and on.
--------	--------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------