

## **Cypress Wild**

*Cupressus sempervirens*

α-pinene (43-55%), β-3-carene (16-20%), terpinolene, α-terpinyl acetate, karahanaenone

Cypress is known for its astringent and 'drying' qualities. Useful to aid in the treatment of fluid retention, varicose veins and haemorrhoids; relief of muscular & menstrual cramps and menopausal symptoms. Good for respiratory complaints, for the temporary relief of coughs and the symptoms of colds and 'flu (not for children under 2 years).