

Clary Sage Russian

Salvia sclarea

Linalyl acetate (>55%), linalool (>19%), α -terpineol, germacrene D, sclareol

The finest French oil available. An oil well regarded for menstrual complaints, aiding in the relief of menstrual cramps, PMS, irregular periods and the like. A calming, even euphoric oil, it is useful to help relieve nervous tension and stress; muscular spasms and temporary headache relief.