

Cistus

Cistus ladaniferus

□-pinene (<50%), camphene (6%), bornyl acetate (3%), 2,2,6-trimethylcyclohexanone (<3%), viridiflorol (3%)

An ancient source of incense, as ancient as Frankincense and Myrrh, with an evocative, penetrating aroma. Originally the gum resin was used, known as labdanum. Cistus oil is best known amongst French practitioners as a useful neurotonic essence, with expectorant and healing properties. Excellent for use in regenerative skin care preparations.