

**Carrot Seed**

*Daucus carota*

Carotol (>70%), daucene (<6%), daucol (>4%), trans- $\alpha$ -  
Farnesene

Quite different from the root extract, Carrot Seed is a good balancing oil for the nervous system. Revitalising & toning in skin care, beneficial for mature skin & wrinkles, dry, devitalised skin & reduces skin irritations. French practitioners see this essence as useful for supporting liver function in digestive complaints.