

# CORDYCEPS *Honey Pearls*



100% Organic Cordyceps Mushrooms  
hand rolled with organic honey

## Benefits >

Cordyceps mushrooms help to oxygenate the body, boost sexual energy and promote endurance.

<u>Pure Mushrooms</u>	✓
<u>Maximum Potency</u>	✓
<u>Traditionally Prepared</u>	✓
<u>Australian Certified Organic</u>	✓
<u>Hand Made in Australia</u>	✓



## For people who >

- Have low oxygen levels
- Need more endurance
- Have a highly active lifestyle
- Have low sexual energy

## Serving Suggestions >

Simply chew, then swallow 3 pearls with warm water 3 times daily, or as otherwise directed by your health care professional.

**Ingredients:** Organic Ophiocordyceps militaris (Cordyceps), Organic Honey.

## Honey Pearls are >

Whole, raw, organic mushrooms lovingly hand rolled with organic honey creating a slow release, power-charged, bite sized boost.

Based on traditional preparation methods used by herbalists for thousands of years, honey pearls significantly increase the bioavailability of herbs. The honey pearls slowly release the mushrooms into the blood stream, making the active constituents more potent than other preparation methods, like extracts and tinctures.

## Traditional Understanding >

Cordyceps mushrooms have been used extensively in Chinese medicine to treat fatigue, low sex drive and kidney disease for centuries [3-4].

These mushrooms have been described in ancient Chinese and Tibetan scriptures as having medicinal properties that were traditionally used to enhance vigor and vitality [3]. This powerful mushroom therefore provides a boost to both life and love.

## Let's Get Technical >

Cordyceps mushrooms are thought to increase the body's production of the molecule adenosine triphosphate (ATP) which is essential for delivering energy to the muscles. This improves the way your body uses oxygen, especially during exercise [1-3].

Cordyceps have also been shown to reduce fatigue and boost strength and sex drive [1-4]. Researchers believe their antioxidant content may explain their anti-aging potential [1-4].

Australian Certified  
ORGANIC

PURE Mushrooms

JUST  
Chew Them!

THIS is a  
Honey Pearl

HONEY

Maximises Potency

- [1] Yan-Feng Xu. *Int J Med Mushrooms*. 2016;18(12):1083-1092. doi: 10.1615/IntJMedMushrooms.v18.i12.30. Effect of Polysaccharide from *Cordyceps militaris* (Ascomycetes) on Physical Fatigue Induced by Forced Swimming.
- [2] Won, S. Y., & Park, E. H. (2005). Anti-inflammatory and related pharmacological activities of cultured mycelia and fruiting bodies of *Cordyceps militaris*. *Journal of ethnopharmacology*, 96(3), 555-561.
- [3] Chiu, C. P., Liu, S. C., Tang, C. H., Chan, Y., El-Shazly, M., Lee, C. L., ... & Wu, Y. C. (2016). Anti-inflammatory cerebrosides from cultivated *Cordyceps militaris*. *Journal of agricultural and food chemistry*, 64(7), 1540-1548.
- [4] Li, X. T., Li, H. C., Li, C. B., Dou, D. Q., & Gao, M. B. (2010). Protective effects on mitochondria and anti-aging activity of polysaccharides from cultivated fruiting bodies of *Cordyceps militaris*. *The American journal of Chinese medicine*, 38(06), 1093-1106.