**Saline Ultra Nasal Spray** is a saline solution that contains ingredients traditionally used in aromatherapy for the relief of nasal congestion and for the relief of symptoms of mild coughs, colds and sinusitis.

## **Directions**

Adults: Administer 1 spray (120  $\mu$ L) into each nostril every 4 hours. Shake the container before use.

## Ingredients

Each 1 mL contains 8 mg of sodium chloride, 1.5 mg of Eucalyptus Oil and 1.5 mg of Peppermint Oil.