



Raw Collagen Protein⁺



Flavours Available:

Maple
Vanilla




Maple Vanilla
450g

Hair, Skin & Muscle

- Marine Collagen
- Muscle growth and maintenance
- Hair, skin & nails

KEY FEATURES

24g Plant and Marine Collagen protein

 Highly bioavailable, type I and III Marine Collagen

25% RDI Wholefood Vitamic C to support connective tissue

26% RDI Iron for energy productions

12% RDI Zinc to support hair, skin & nails

 Digestive Enzyme blend

 Non-synthetic & heavy metal tested

PRODUCT DESCRIPTION

Amazonia Raw Collagen Protein⁺ is a premium blend of Marine Collagen with organic sprouted and fermented plant protein designed to support daily protein intake, collagen production and connective tissue structure to help you shine brighter. This formula contains 5000mg of highly bioavailable, type I & III Collagen and plant-based enzymes to support easy absorption. With organic, wholefood Vitamin C to aid collagen production and Zinc to support hair, skin and nails, **Amazonia Raw Collagen Protein⁺** is the ultimate beauty protein.

INGREDIENT BENEFITS

SPROUTED & FERMENTED PEA PROTEIN

Proteins are an essential macronutrient that help to build and repair muscle and provide a sustainable source of energy.

Our organic golden pea protein is soaked to activate the natural sprouting process. Sprouting decreases the presence of anti-nutrients such as phytic acid, that may inhibit the absorption of vitamins and minerals in the protein powder. A decrease in phytic acid allows for greater nutrient content and easier absorption.

The protein is also fermented, increasing the bioavailability of nutrients and resulting in a protein powder that is gentle on the digestive system.

MARINE COLLAGEN (5000mg/serve)

Collagen is the most abundant protein in the body. Our skin is made up of over 75% collagen, which degenerates from our mid 20's and continues to decrease as we age. Collagen is also important in maintaining tendon, skin and cartilage structure. Collagen supplementation increases supply in the body promoting beautiful, glowing skin and active bones, muscles and joints. Collagen also assists with overall gut and digestive health.

Marine Collagen is highly bioavailable compared to other sources and is fast absorbing into the blood stream which makes it easy for our bodies to use and quick to replenish collagen stores.



Raw Collagen Protein⁺

PLANT BASED DIGESTIVE ENZYMES

Digestive enzymes break down food into smaller building blocks so we can absorb the nutrients and transform food into energy. **Raw Collagen Protein⁺** contains five natural plant-based enzymes (Amylase - to break down starch, Protease - to break down protein, Lipase - to break down fat, Lactase - to break down lactose and Cellulase).

SEA BUCKTHORN JUICE

Sea Buckthorn is extremely high in the powerful antioxidant Vitamin C. Vitamin C is essential for collagen production and helps support connective tissue, bone and cartilage structure. We have included a high dose of Organic Sea Buckthorn Juice Powder as part of a specialised hair, skin and muscle blend.

MINERAL RICH

Raw Collagen Protein⁺ is a source of Iron, Phosphorus and Zinc. These minerals are important for supporting energy levels and reducing fatigue. Zinc is essential for support healthy hair, skin and nails.

NUTRITIONAL INFORMATION

Typical Composition	Avg. qty. per 30g	Avg. qty. per 100g
Energy (kJ)	507kJ	1690kJ
(kcal)	121kcal	404kcal
Protein	24.3g	81.1g
Fat - Total	2.4g	7.9g
Saturated Fat	0.6g	1.9g
Carbohydrates	0.8g	2.5g
Sugars	0.2g	0.6g
Dietary Fibre	0.9g	3.1g
Sodium	343mg	1140mg
Vitamin C	10.0mg, 25% RDI	33.3mg
Iron	3.1mg, 26% RDI	10.4mg
Phosphorus	197mg, 19% RDI	656mg
Zinc	1.5mg, 12% RDI	5.1mg

COMPLETE ESSENTIAL, CONDITIONALLY ESSENTIAL & NON-ESSENTIAL AMINO ACID COMPLEX

Isoleucine	0.95g	3.15g
Leucine	1.69g	5.64g
Lysine	1.34g	4.48g
Methionine	0.24g	0.81g
Phenylalanine	1.14g	3.79g
Threonine	0.82g	2.73g
Tryptophan	0.14g	0.48g
Valine	1.05g	3.50g
Arginine	2.00g	6.68g
Cysteine	0.15g	0.50g
Glutamine	3.23g	10.80g
Histidine	0.51g	1.69g
Proline	1.35g	4.50g
Tyrosine	0.63g	2.11g
Alanine	1.22g	4.07g
Aspartic Acid	1.97g	6.57g
Glycine	1.84g	6.13g
Serine	1.14g	3.79g



COMPANION PRODUCT

For a natural energy boost and dose of daily greens we recommend **Raw Prebiotic Greens**



Raw Collagen Protein⁺

DIRECTIONS

Blend 3 rounded tablespoons (30g), or higher dose as required, into 300ml of water, non-dairy milk or coconut water. Protein supplementation can be of benefit when used in conjunction with physical activity. Diets high in protein increase the body's need for water. Please ensure adequate daily water intake.

INGREDIENTS

Organic Sprouted & Fermented Golden Pea Protein*, Marine Collagen, Natural Flavour, Digestive Enzyme Blend (Amylase, Protease, Lipase, Lactase, Cellulase), Organic Stevia Leaf Extract*, Organic Sea Buckthorn Juice*, Monk Fruit Extract.
***Certified Organic.**

WARNING

Contains fish products.

FREE FROM

Gluten, added sugar, dairy, additives, preservatives & GMOs

FREQUENTLY ASKED QUESTIONS

Is Raw Collagen Protein+ suitable for low FODMAP diet?

Yes, **Raw Collagen Protein+** is suitable for those following a low FODMAP diet.

Is Raw Collagen Protein+ Vegan?

No. **Raw Collagen Protein+** is not vegan as it contains Marine Collagen sustainably sourced from freshwater fish.

Why Marine Collagen?

Marine Collagen is highly bioavailable and has a low molecular weight compared to other sources making it fast absorbing into the bloodstream. This means it is easier for our bodies to use and quick to replenish collagen stores making it the ideal source to help support strong connection tissue and healthy skin.

Is Raw Collagen Protein+ safe to consume during pregnancy and breastfeeding?

Yes!

