

Confid Essence 30ml

Brings out the positive qualities of self esteem and confidence. It allows us to feel comfortable around other people and resolve negative beliefs we may hold about ourselves as well as any guilt we may harbour from past actions. This combination also helps us to take responsibility for situations and events that occur in our lives and realise that we have the ability and power not only to change those events, but also to create those we want.

Easy to Use: Just 7 drops under the tongue.

Negative Condition:

- Low self esteem
- Guilt
- Shyness
- Lack of conviction
- Victim mentality

Positive Outcome

- Taking responsibility for one's life
- Integrity
- Confidence
- Personal power
- True to one's self

Bush Flower Essences:

Boab, Dog Rose, Five Corners, Southern Cross, Sturt Desert Rose.

Formulation: Biogenic essences of the below flowers, purified water and brandy as a natural preservative system.