

Helps to find time for one's self, to relax without external pressures & demands, to wind down and enjoy relaxing pursuits.

Easy to Use: Just 2 sprays on the tongue.

Negative Condition:

- Always over committed
- No time for self
- Impatience
- Rushing
- Worry

Positive Outcome:

- Encourages own time and space
- Wind down
- Relax and have fun
- Clarity
- Calmness and peace

Bush Flower Essences:

Black-eyed Susan, Boronia, Bottlebrush, Bush Fuchsia, Crowea, Jacaranda, Little Flannel Flower and Paw Paw.

Formulation: Biogenic essences of the below flowers, purified water and brandy as a natural preservative system.