



# PARENTING & CHILDCARE RANGE OF REMEDIES

Australian Bush Flower Essences for  
Emotional Health & Wellbeing



## Emotional support for Children and their carers

Australian Bush Flower Essences has been receiving more and more requests lately from parents for remedies addressing many common issues arising in their children and also a desperate plea from mums wanting something to give them a boost and some emotional TLC. So, in response to this here it is - our new **Parenting and Childcare range of Remedy Essences**. These six new remedies are all 30ml, similar to our other remedies. Though we have also given them a slightly more playful and childlike label. These new remedies are:

### Mumma Mojo

Assists in:

**Mothering more easily and joyfully.**

A great Essence to give mum a little bit more oomph, resilience, calm and renewal. It strengthens the connection between a mother and her child or children; enhances her intuition and eases any burden of responsibility and overwhelm. Quite importantly it also helps a mother to pay attention to and look after her own needs, not just her family's.

### FussPot

Assists in:

**Being less fussy and pedantic.**

A wonderful remedy to transform a child who is nit-picking, inflexible, controlling and pedantic into being open to change and more relaxed about how things are. Reduces the number of knee-jerk reactions if things aren't perfect for them. Also, for a child who makes up their mind, they don't like something before even trying it. Fantastic for a stubborn controlling personality.

### Bossy Boots

Assists in:

**Being less bossy.**

For children with a very big, dominating personality, who like to be in charge and tell others what to do. It aids one to be open to new experiences and ways of doing things; addresses any obsession; assists the perfectionist who is totally unhappy unless things are the way they feel that they should be and where everyone has to do it their way.

### Sibling Harmony

Assists in:

**Brotherly and sisterly love.**

Not only will it enhance qualities of forgiveness, compassion and being aware of the needs of others, it will also help to release insecurity, resentment, spitefulness and most importantly, jealousy. Recommend using this Essence both before and after the birth of a new sibling, especially if it's for a first-born child.

### Dream Time

Assists in:

**Slowing down and unwinding.**

This remedy helps getting children, especially those who are always 'on the go', to wind down, become peaceful, calm, relaxed and get ready for bed. With added Essences to help protect these sensitive beings from picking up any negativity from their environments. Bottlebrush brings about serenity by allowing them to let go and surrender to the 'land of nod'.

### Toddler Tamer

Assists in:

**Soothing and Calming.**

A lovely remedy to soothe and calm an upset child, especially if they are in meltdown or 'losing it'. You can also think of this remedy if you notice any of the early warning signs of a tantrum brewing and about to unfold. There are Essences in this remedy to not only bring about calm and balance, but to also address rebelliousness, frustration, stubbornness and any accompanying level of manipulation.