

Red Lily

Red Lily is the same flower as the Sacred Lotus in the Buddhist tradition. It is for spirituality and connection to God in a grounded and centred way, allowing a person to have a wholeness to their spirituality by also realising the need to develop and maintain a balanced physical and emotional life. It has similar properties to that of Sundew for feeling scattered, not whole, vague and split, though Sundew applies to daily life whereas Red Lily is in relation to one's spirituality. I waded thigh deep in mud through a billabong teeming with leeches, turtles and snakes to pick this flower. Such is the joy of discovery.

Negative Condition:

- vague
- disconnected
- split
- lack of focus
- daydreaming

Positive Outcome:

- grounded
- focused
- living in the present
- connection with life and God



Preparation of Dosage Bottles

Place seven (7) drops of Stock Essence into a 15ml to 30ml dropper bottle filled with 1/3 brandy and 2/3 purified water.

Preparation of Combination Essences

Place seven (7) drops of each Stock Essence into a 15ml to 30ml dropper bottle filled with 1/3 brandy and 2/3 purified water.