

## Old Man Banksia

For people who are weary, frustrated and disheartened by setbacks. This Essence helps to bring a spark into those people's lives who are heavy and slow moving. They tend to be reliable, dependable people who steadily plod on, often hiding their weariness while battling on with unceasing effort. The Old Man Banksia is a gnarled and twisted tree and it seems to be a storehouse of old wisdom. It is one of the first plants discovered by Joseph Banks.

### Negative Condition:

- weary
- phlegmatic personalities
- disheartened
- frustrated

### Positive Outcome:

- enjoyment of life
- renews enthusiasm
- interest in life



### Preparation of Dosage Bottles

Place seven (7) drops of Stock Essence into a 15ml to 30ml dropper bottle filled with 1/3 brandy and 2/3 purified water.

### Preparation of Combination Essences

Place seven (7) drops of each Stock Essence into a 15ml to 30ml dropper bottle filled with 1/3 brandy and 2/3 purified water.