

Mint Bush

This Essence like many others, was made in the Valley of the Winds in the Olgas (or Katajuta) in central Australia. Mint Bush helps one to cope with the dross being burnt off before emerging at a new spiritual level. Just prior to any such initiation there are usually spiritual trials and tribulations that one goes through when one feels they are being tested, often to their limit. At this time there is usually a great deal of confusion and one can have a sense that everything is too difficult and too much to deal with and resolve. These feelings can also arise during intense changes in your life - divorce, bankruptcy, severe illness or accidents, changing religious beliefs or affiliations.

Negative Condition:

- perturbation
- confusion
- spiritual emergence
- initial turmoil and void of spiritual initiation

Positive Outcome:

- smooth spiritual initiation
- clarity
- calmness
- ability to cope



Preparation of Dosage Bottles

Place seven (7) drops of Stock Essence into a 15ml to 30ml dropper bottle filled with 1/3 brandy and 2/3 purified water.

Preparation of Combination Essences

Place seven (7) drops of each Stock Essence into a 15ml to 30ml dropper bottle filled with 1/3 brandy and 2/3 purified water.