## **Freshwater Mangrove**

This flowering tree grows beside fresh water creeks, billabongs and swamps in the Northern Territory. The healing quality of the Essence is to release and heal mental prejudice, allowing the heart to open without prejudgement. The prejudice of Slender Rice Flower stems from direct personal experience whereas Freshwater Mangrove is for those who mentally reject or have already made up their mind about something without it ever being experienced. Often the seeds of this prejudice have been sown for a long time. In many cases it is generational, as in the case of countries where religious prejudice is passed on and accepted by the young without question. Many prejudices are built because of cultural or societal belief that something cannot be done. This Essence has the potential to allow us to fully experience and be open on both a mental and heart level to new perceptual shifts and all the changes occurring at this time.

### **Negative Condition:**

 heart closed due to expectations or prejudices which have been taught, not personally experienced

### **Positive Outcome:**

- openness to new experiences, people and perceptual shifts
- healthy questioning of traditional standards and beliefs



# **Preparation of Dosage Bottles**

Place seven (7) drops of Stock Essence into a 15ml to 30ml dropper bottle filled with 1/3 brandy and 2/3 purified water.

### **Preparation of Combination Essences**

Place seven (7) drops of each Stock Essence into a 15ml to 30ml dropper bottle filled with 1/3 brandy and 2/3 purified water.