

## **Crowea Flower Essence**

Crowea is for people who are feeling 'not quite right' with themselves and are just a little out of balance. It is an excellent Essence for people not sure of what it is they are feeling, and is great for worry. It is for those who always have something to worry about, without having specific fears. This purple flower has five petals with a prominent raised centre. Five in numerology relates to the emotional centre and the integration of emotions.

### **Negative Condition:**

- continual worrying
- a sense of being "not quite right"

### **Positive Outcome:**

- peace and calm
- balances and centres the individual
- clarity of one's feelings