

Bluebell

Made in the Olgas, one of the main spiritual centres in Australia, this Essence helps to open the heart. It is for those who feel cut off from their feelings. The emotion is there, but is held within. They are subconsciously afraid to express it for they fear their feelings of love, joy, etc. are finite or not renewable. They operate from a subconscious fear that there is just not enough and that if they let go of what they have, they will not survive. This fear can often be marked by a controlling, rigid and forthright manner.

Negative Condition:

- closed
- fear of lack
- greed
- rigidity

Positive Outcome:

- opens the heart
- belief in abundance
- universal trust
- joyful sharing
- unconditional love



Preparation of Dosage Bottles

Place seven (7) drops of Stock Essence into a 15ml to 30ml dropper bottle filled with 1/3 brandy and 2/3 purified water.

Preparation of Combination Essences

Place seven (7) drops of each Stock Essence into a 15ml to 30ml dropper bottle filled with 1/3 brandy and 2/3 purified water.