

## **Black-eyed Susan**

For people who are impatient or always 'on the go'. These people are continually rushing and their lives are always overflowing with commitments. This Essence enables these people to slow down, to reach that still centre within and find calmness and inner guidance.

### **Negative Condition:**

- impatience
- 'on the go'
- over-committed
- constant striving

### **Positive Outcome:**

- ability to turn inward and be still
- slowing down
- inner peace



### **Preparation of Dosage Bottles**

Place seven (7) drops of Stock Essence into a 15ml to 30ml dropper bottle filled with 1/3 brandy and 2/3 purified water.

### **Preparation of Combination Essences**

Place seven (7) drops of each Stock Essence into a 15ml to 30ml dropper bottle filled with 1/3 brandy and 2/3 purified water.