

## **Billy Goat Plum**

For feelings of shame, self-disgust and self-loathing. For those people who feel revolted and dirty about sex and feel unclean afterwards. It can also be for feelings of revulsion about other physical aspects such as acne, eczema, a large nose, etc.

### **Negative Condition:**

- shame
- inability to accept the physical self
- physical loathing

### **Positive Outcome:**

- sexual pleasure and enjoyment
- acceptance of self and one's physical body
- open-mindedness



### **Preparation of Dosage Bottles**

Place seven (7) drops of Stock Essence into a 15ml to 30ml dropper bottle filled with 1/3 brandy and 2/3 purified water.

### **Preparation of Combination Essences**

Place seven (7) drops of each Stock Essence into a 15ml to 30ml dropper bottle filled with 1/3 brandy and 2/3 purified water